

Physical Education

At Willow Grove we want to engage, inspire and challenge our children, equipping them with the skills and strategies they need to develop as competent performers across the PE curriculum and to know and appreciate the importance of exercise in order to be a happy and healthy, mature individual as they grow. Also, in order that they are aware of the benefits and need to work as part of a team in some sports in order to succeed and above all how good sportsmanship underpins everything they attempt to achieve in this area of their education.

Intent

- To have high expectations in PE across the school, regardless of children's natural ability or interest.
- To provide a skills required to play sports in all areas of the planned curriculum.
- To teach our children new knowledge about a variety of different sports.
- To model good practice, physically and through positive attitudes when delivering the PE curriculum.
- To develop the children's basic range physical ability including strength and co-ordination.
- To help the children to understand and interpret their own performance in order to adapt and progress.
- To offer our children new and exciting opportunities and experiences to learn about PE.
- To promote our school values and British Values at all times when relevant in the subject e.g. famous British sportsmen/women.
- To prepare our children for the next steps in their learning in PE as they move on and up through their schooling.

Areas for skills development

- Physical ability and performance
- Game playing strategies- knowledge and understanding of significant information
- Spatial awareness and timing