

P.S.H.E Curriculum Statement

Play Offer / Nurture

There will be a nurture and learning opportunity offer to start each day with a play and breakfast time.

Continuous play offers throughout the day are guaranteed for each child and are not behaviour reward driven.

There will be planned play sessions delivered across the school throughout the year.

There is a whole school plan to show progression in play sessions.

At Willow Grove We Will:

Be creative and flexible in our approach in school to support the children's wellbeing.

Offer time around and within the curriculum offer to support the emotional needs of our children.

Allow children time to regulate by either co-regulating or self-regulating. Ensure our children are settled to learn and access the National Curriculum offer.

Model and support strong, positive relationships around school creating a trusting environment.

PODS / Theraplay

POD areas across school will allow pupils time and space to regulate before returning to lessons.

Theraplay strategies and games will be integrated throughout the day. Planned Theraplay sessions will be available with trained staff.

Theraplay work with families will support families and be carried out with trained staff.

Motional

We will use this online tool for identifying, assessing and improving the emotional health and wellbeing of the children.

It will provide a program of strategies and a range of practical activities to support emotional wellbeing.

Children will access activities on a daily basis.

We aim to heal children's minds and brains to allow them to learn.

Teachers will assess children's needs on a termly basis.

Results and data available to help to monitor progress around emotional wellbeing.

At Willow Grove we aim to prepare our children for life, helping them to really get to know themselves and others around them through a strong relationships focus. We foster an ethos where children learn to value themselves and who they are and understand how they relate to other people in the world.

Emotional Regulation

Children will be supported to co-regulate when they become dysregulated.

A range of strategies will be available such as sensory toys, safe space rooms, PODs, sensory breaks and sensory snacks.

Children can use classroom barometers to measure how their body is running.

Class P.S.H.E

Weekly taught curriculum using the Jigsaw scheme of work is carried out.

Class P.S.H.E books celebrate the work and activities on offer.

School website demonstrates P.S.H.E offers and links.

Team building, relationships with staff and peers are priority.

Class trips and reward trips earned as a group to celebrate achievements together.

High staff ratios to give the children the time and support they need.

Class rules in each class to give the children ownership of their behaviour.

Emotionally Friendly Schools

This is a flexible, whole school approach to improve mental health and well-being in our children.

We will achieve and maintain EFS accreditation via the programme.

Interventions

Planned intervention time will be in place for specific pupils to support individual needs.

Interventions such as Drawing and Talking, Play Sessions, PE and Physical activities, speech, language and communication, talking mats and CLA time will be included.