

Jigsaw (P.S.H.E)

At Willow Grove we aim to prepare our children for life, helping them to really get to know themselves and others around them through a strong relationships focus. We help to foster an ethos where children learn to value themselves and who they are and understand how they relate to other people in the world.

Intent

- To have high expectations in Jigsaw across school delivering high quality lessons and activities.
- Offer a comprehensive scheme of learning across school which will include statutory relationships and health education.
- Provide well structured, progressive lessons and resources.
- Connect all elements of P.S.H.E, emotional literacy and social skills together.
- To plan and promote SMSC (Social, Moral, Spiritual and Cultural) values.
- To promote British values through lessons.
- To offer experiences to navigate in the wider world.
- To create a whole school approach throughout the curriculum celebrating children's work through displays, assemblies and books.

Areas for development

- To create a mindful approach to P.S.H.E.
- Embed community links by offering whole school experiences.
- Offer mindfulness activities within the subject to allow children to advance their emotional awareness, focus and concentration.
- Build resilience in our children to nurture their physical and mental health.
- Follow a comprehensive scheme of work offering a wide range of activities and learning opportunities, differentiated to meet the needs of our children.

Follow 6 Puzzles of work throughout the year:

- *Being me in my world* – include knowing places the children have within class, school and the global community.
 - *Celebrating difference* – including anti bullying work and diversity work.
 - *Dreams and Goals* – includes goals, aspirations and working together in the world.
- *Healthy me* – including drugs and alcohol, self-esteem and confidence and making healthy lifestyle choices.
- *Relationships* – including friendships, families and other relationships, conflict, resolution and communication skills.
- *Changing me* – includes sex and relationships education (age appropriate) and coping positively with change and transitions.

